

Year 2 Rush Common School 2025 - 2026

Slides will be sent out later in the week.

Meet the Teachers and TAs:

Class teachers

- Mrs Jo Brown
- Miss Lydia George Teaching Assistants
- Mrs Victoria Jackson
- Mrs Luann Robinson
- **Additional Teachers**
- Miss Mackintosh, PPA cover (Thursday pm)
- Mrs Sarah Barnes, P.E. (Thursday pm)
- Mr Sealey, 2JB (Túesdaỳ am)

Arriving to school

- The gates are opened at 8:30.
- Classroom doors open at 8:30 and close at 8:40. If you are late arriving, please enter via the front office. Pupils will be marked late after 8:50.
- Please be safe and courteous when arriving in the mornings. It is very busy and there are a lot of pedestrians in front of school and at Norman Avenue. This is the same in the afternoons.
- It is not possible to turn in the school drive, park on or opposite the zigzag lines, or park on the grass verges. Please respect the safety of our school community and our neighbours.
- Please ensure that children do not climb on the gate when waiting.
- Bikes and scooters should be pushed on the playground as it is very busy. This includes younger siblings not yet at school.
- Parking is available at The Boundary House. There will be more Walk to School weeks this year!



Leaving school

- The gates are opened at 3:00.
- Children should be collected at the class doors.
- If your child is being collected by someone different, please inform the school either via the office email address, or in-person at the class door in the morning in younger years.
- Children and younger siblings should not play on the adventure playground equipment after school hours.
- When entering or leaving school, please do not let children enter the codes. We have them in place for the safety of the children and security of the school site.

<u>Attendance</u>

- High attendance is vital for educational success. There is a very strong correlation between good attendance and good outcomes and wellbeing.
- Parents must not take their children out of school for a holiday, and doing so is against the law. Please see the letter sent out by Mr Fawcett last Friday.

- Absences must be reported to the school if your child/ren will be absent for any reason. The school will follow-up with any unreported absence, which may include visiting the child's listed address.
- If your child's attendance falls below 90%, you may be contacted by the school so we can offer support and work together to improve it.

School Uniform:

- Regular school uniform is expected to be worn everyday. On the day that your child has PE, they should wear PE kit. These days are Tuesday and Thursday.
- At times, you may need spare shoes for outdoor PE if the weather is muddy. You will be informed if these are needed.

Additional reminders:

- No extreme hairstyles please unnatural colours, shaved styles, etc.
- Long hair should be tied back using a scrunchie, hair band or clip. Hair gel should not be used to style
 hair.
- Minimal jewellery should be worn. A wristwatch and/or single stud earring in each ear lobe are permitted.
- All jewellery should be removed for PE and games. If ears are recently pierced, please provide tape to cover them.
- Nail varnish and make-up are not permitted.
- Girls should wear shorts under their skirts and dresses.

Lost property:

 Please label coats, jumpers, cardigans, snack pots and water bottles. We have had a lot of unnamed items that never get returned.

Lunch arrangements

- School meals are available to order through ParentMail. They should be ordered at least three days in advance.
- School dinners for KS2 are £2.80. Reception and KS1 receive free school dinners.
- Reception eat at 11:45; Y1-Y2 eat at 12:00; Y3-Y6 eat at 12:30.
- YR Y2 have playtime at 12:30; Y3-Y6 have playtime at 12:00.

Lunchbox tips



Keep them fuller for longer

Base the main lunchbox item on foods like bread, rice, pasta and potatoes.
Choose wholegrain where you can.



Freeze for variety

Keep a small selection of different types of bread in the freezer so you have a variety of options – like bagels, pittas and wraps, granary, wholemeal and multigrain.



DIY lunches

Wraps and pots of fillings can be more exciting for kids when they get to make them. Dipping foods are also fun and a nice change from a sandwich each day.



Cut back on fat

Pick lower-fat fillings – like lean meats (including chicken or turkey), fish (such as tuna or salmon), lower-fat spread, reduced-fat cream cheese and reduced-fat hard cheese. And try to avoid using mayonnaise in sandwiches.





Mix your slices

If your child does not like wholegrain, try making a sandwich from 1 slice of white bread and 1 slice of brown bread.



Always add veg

Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A Day. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.



Ever green

Always add salad to sandwiches and wraps too – it all counts towards your child's 5 A Day!



Cheesy does it...

Cheese can be high in fat and salt, so choose stronger-tasting ones – and use less of it – or try reduced-fat varieties.



Cut down on crisps

If your child really likes their crisps try reducing the number of times you include them in their lunchbox, and swap for homemade plain popcorn or plain rice cakes instead.



Add bite-sized fruit

Try chopped apple, peeled satsuma segments, strawberries, blueberries, halved grapes or melon slices to make it easier for them to eat. Add a squeeze of lemon juice to stop it from going brown.



Tinned fruit counts too

A small pot of tinned fruit in juice – not syrup – is perfect for a lunchbox and easily stored in the cupboard.



Swap the fruit bars

Dried fruit like raisins, sultanas and dried apricots are not only cheaper than processed fruit bars and snacks but can be healthier too. Just remember to keep dried fruit to mealtimes as it can be bad for teeth.



Switch the sweets

Swap cakes, chocolate, cereal bars and biscuits for malt loaf, fruited teacakes, fruit breads or fruit (fresh, dried or tinned – in juice not syrup).



Yoghurts: go low-fat and lower-sugar

Pop in low-fat and lower-sugar yoghurts or fromage frais and add your own fruit.



Get them involved

Get your kids involved in preparing and choosing what goes in their lunchbox. They are more likely to eat it if they helped make it.



Variety is the spice of lunch!

Be adventurous and get creative to mix up what goes in their lunchbox. Keeping them guessing with healthier ideas will keep them interested and more open to trying things.

Online Safety

National College online safety posters are shared in each newsletter. They offer advice and information about popular games and

apps. There is also a section on the school website.

Please let us know if you become aware of new games/apps that children may be playing.

• Monitoring: Our IT provider monitors online activity in line with government guidance.

Online Safety:

- We have regular lessons for pupils throughout the school year across subjects.
- We also address issues as they arise in individual year groups.
- Follow SMART rules (Safe, Meeting, Accepting, Reliable, Tell)
 - https://www.childnet.com/resources/be-smart-online

At home:

- Ensure the content they access is age-appropriate.
- Set rules and boundaries together.
- Don't ban the internet outright. Have an open conversation about it.
- Train your child to know what to do if something makes them uncomfortable. Show them the tools to use to report abuse.
- Visit https://www.thinkuknow.co.uk/



Communication:

- Please ensure that any communication with teachers is sent through the school office. (office@rushcommon.school).
- Any quick or urgent need to know messages can be passed on at the door.

My Child at School

- Weekly Updates for your year group will be sent out about what your child has learnt in school that week as well as what they will be learning in the upcoming week.
- Weekly Updates share important dates and reminders throughout the year.
- Class and year group reminders from teachers are communicated this way.
- Please read carefully, especially at the start and end of each half term for important updates.

ParentMail

- Any whole-school event or communication will be sent from the office via ParentMail (i.e. Sports Day, class photos).
- All trip information and payments are also through ParentMail.
- Lunches are ordered via ParentMail.
- There is a fortnightly newsletter for all parents from Mr Fawcett.

Communication:

Reporting Progress

- Parents' evenings will be in T1b (wb 10th November) and T2b (wb 16th March). More information about signups will happen closer to the time. We use the Sign-up Genius website.
- Parents' evenings are a vital part of children's education. It is an opportunity to discuss how children are settling into school routines and their academic progress. The school will follow-up with any missed parents' evening appointments.
- End-of-year reports are sent out in July.

The School Day

	8.30 – 9.00	9.00 – 9.40	9.40-10.30	10:35- 10:55	11.00 – 12.00	12.00-1.00	1.00 – 3.00 (Break at around 14:00)
MONDAY	Morning Activity	Reading Movement break	English	Break	Maths	Lunch	Science Handwriting 2.30 Whole School Assembly
TUESDAY	Morning Activity	Reading Movement break	English	Break	Maths	Lunch	PE RE
WEDNESDAY	Morning Activity	Reading Movement break	English	Break	Maths	Lunch	History/Geography Computing
THURSDAY	Morning Activity	Reading Movement break	English	Break	Maths	Lunch	Art/DT (<mark>PPA</mark>) NM PE (<u>PPA). SB</u>
FRIDAY	Morning Activity	Reading	Movement break English	Break	Maths	Lunch	PSHE Music 2:30- Whole School Assembly

Curriculum

- This term our topic is the Romans. This will form the basis of our Art and History lessons and will also feed into some other lessons such as reading and writing.
- In Maths, our focus is on place value, addition, subtraction and 2D/3D shapes.
- In Science, we are investigating the natural world including plants, animals, minibeasts and habitats.
- In Computing, we will be learning about information technology and practising typing skills.
- Reading will focus on RWI courses or reading comprehension skills.

Curriculum and enrichment

Things to look out for:

- Term 1- Travelling book fair, Walk to School Week, Nativity (Tuesday 9th and Thursday 11th December @ 2.15pm)
- Term 2- Travelling book fair, World Book Day, Trip (tbc)
- Term 3- Abingdon Museum Trip (tbc)

There will also be a curriculum assembly later in the year. As soon as the date has been decided for this, a letter will be sent out.

Curriculum and teaching methods

- In Maths, there is an emphasis on physical resources as well as pictures and abstract representations.
- Our calculation policy can be found on the school website.
- In Reading, children will either continue to follow the Read, Write Inc scheme of work or move onto free read comprehension lessons.
- English will be taught as a whole class and will be based around class texts. Term 1a Escape from Pompeii and The Sandal, Term 2 The Akimbo Adventures, Term 3 Ottoline and the Yellow Cat.
- All other lessons such as History, Science and R.E. are taught in the afternoons and will involve a mixture of hands-on and book-based activities.
- A useful site to help understand our approaches to teaching Maths: https://whiteroseeducation.com/parent-pupil-resources/maths/maths-with-michael
- BBC Bitesize also contains a wealth of information for various subjects.
 https://www.bbc.co.uk/bitesize/primary
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Google Classroom

- Your child's new class is being set up by our IT support, Sweethaven.
- Please ensure that you are able to access Google Classroom through your devices at home.
- Please monitor your child's use at home. Google Classroom is not meant to be used for chatting and posting non-school related things.

Homework expectations

- Homework will be handed out each week on a Thursday and needs to be returned by the following Tuesday. Year 2 will have a homework book, but work may be set on Google Classroom and can be submitted online. You will be informed if this is the case during our weekly updates.
- Homework includes:

Maths/English (alternating each week)

Spelling lists

Spellings will be assigned each week and will be tested during the following week. There is no expectation that you send in lots of papers to prove you have practised, but some suggestions will be given for this and we are always happy to look at photos of children's practice on Google Classroom.

Google classroom login codes will be handed out in due course.

Other ways to support your child

- Daily reading listen to your child read, but also read to them. It helps them to hear and understand rhythm and fluency. Even older children like to listen to stories.
- Best Books for Year 2: Recommended Booklist for Ages 6-7
- Conversation talking about current events, plans, what you or they are reading. This will help build their vocabulary.
- Practise Maths mental maths, times tables, adding, baking, shopping, etc. TTRS/Numbots
- Help them learn social skills by encouraging them to say hello to known people or order their own food.
- Encourage independence to make simple snacks, pair up socks, tie laces or help around the house.

Pupil Welfare

- Keep the school up-to-date on any medical conditions. We will need to see a letter from a medical professional.
- Only prescription medication required more than 3 times daily can be administered. This will need to be signed in by a First Aider. Requests for any exceptions to this must be made to Mr Fawcett.
- It is parents' and carers' responsibility to ensure medication/inhalers are in date.
- Please ensure that your child/ren are equipped appropriately for the weather. (i.e. sunscreen/hats in summer, coats in winter and raincoats as necessary).
- Please communicate any significant bumps or injuries to class teachers.

Pupil Welfare

Bullying: when someone is deliberately hurtful to someone over a period of time.

At school we:

- have anti-bullying ambassadors
- raise awareness through assemblies, presentations, forums, nurture groups, PSHE lessons and pupil leadership.
- online safety lessons and internet safety week.

Banter: According to Oxford Languages, banter is defined as "the playful and friendly exchange of teasing remarks." It's a reciprocal interaction that typically occurs between friends, involving a "verbal ping-pong" of comments meant to be light-hearted and humorous.

- When banter is shared with a wider audience or repeated excessively, it can lose its playful nature and become hurtful.
- Understanding verbal and non-verbal cues is critical in recognising when banter is appropriate. Tone of voice, body language, and facial expressions all play a role in conveying intent. However, for some pupils including neurodiverse individuals, these cues might be harder to interpret, necessitating explicit communication and support.



Wellbeing and Mental Health

Mental health is

"... a state of wellbeing in which every individual recognises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her own community."

World Health Organisation, August 2014

At school we:

- have a mindful approach to PSHE lessons with built-in mindfulness practice. This is reinforced in assemblies and a new programme, Jigsaw Resilience.
- promote secure relationships.
- mark World Mental Health Day and Children's Mental Health Week.
- have calm spaces.

Ways to support a child or young person



Be there to listen

Regularly ask your child how they're doing, to help them get used to talking about their feelings, and know there's always someone there to listen. You can get tips on Young Minds: How to talk to your child about mental health.



Support them through difficulties

Pay attention to how your child is feeling or behaving and try to help them work through difficulties. It may not be easy facing challenging behaviour, but try to help them understand what they're feeling and why. Learn more from the Maudsley. Charity on difficult behaviour.



Stay involved in their life

Show interest in their life and what's important to them. It not only helps them value who they are but also makes it easier for you to spot problems and support them.



Encourage their interests

Support and encourage your child to explore their interests. Being active or creative, learning new things and being a part of a team helps connect us and boost our mental wellbeing.



Take what they say seriously

Listening to and valuing what they say makes them feel valued. Consider how to help them work through their emotions in constructive ways. Anna Freud Centre's guide on ways to support children and young people has more on this.



Build positive routines

Try to have structure around regular routines, especially around healthy eating and exercise. A good night's sleep is also important, so have a fixed time for going to bed and getting up. The Sleep Charity has relaxation sleep tips for children.

Behaviour: Be Safe, Be Kind, Be Respectful

- Our behaviour management is based on a restorative approach.
- We create a positive environment throughout the school and model our three school rules.
- Recognition of positive behaviour through House Points, Celebration Nominations, Homework Champions and Sporting Champions.

How you can support the school

Support social and fundraising events.

• Join Friends of Rush Common (FoRC).

Become a Governor.

Volunteering your skills and talents – gardening, crafts, resources, class trips.

• Become a reading volunteer or help in forest school – please contact the school office.

Follow us on social media and share our news.

Questions

