

Your child has shown an interest in cycling to school and would like to apply for a Cycle Pass. To be issued with a pass please complete and return the slip below confirming that your child is able to comply with all of points 1 and 2 of Rush Common School's Bike Safety PPD.

At Rush Common our aim is to encourage more children to walk or cycle to school. This will not only help the environment but will also relieve the congestion at the beginning and end of the school day, whilst promoting a happier and healthier lifestyle.



Application for Cycle/Scooter Pass

I would like to apply for a Cycle/Scooter Pass. My child can comply with all points listed in 1 and 2

Name of Child

Class.....

SignedParent/Carer

CYCLE TIPS FOR SAFE CYCLING

- BE SEEN - Be bright by day, reflect at night, light up in the dark.
- BE HEARD - Use a bell or a horn, so people know you are there.
- WEAR A HELMET – Use head, protect your brain.
- GET TRAINED – Cyclists are vulnerable, get yourself taught.
- LOOK AFTER YOUR BIKE – good maintenance keeps your bike safe.
- BE ALERT – Watch out for others – do they know you are there?
- STAY LEGAL – breaking the law is dangerous, for you and others.
- CHOOSE YOUR ROUTE – Plan your journey, use quiet roads.
- LIGHT UP AT NIGHT – Lights should be clean, strong and bright.
- GET A GRIP ON THE ROAD - Make sure your tyres are in good order.
- LOAD SAFE – Secure balanced loads keep you stable.
- PLAY SAFE – Stunts and tricks can be fun, but not on the road.

RUSH COMMON SCHOOL

BIKE SAFETY PROFESSIONAL PRACTICE DOCUMENT (“PPD”)



Rush Common School Bike Safety PPD

1. To be safe please ensure that your child's bike:-

- Has a reflector and (if fitted) lights which must be kept clean and in good working order.
- Has tyres with good tread and appropriately inflated.
- Has front and back brakes and (if fitted) gears which work correctly.
- Has a chain which is properly adjusted and lubricated.
- Has the saddle adjusted to the correct height for the rider.

2. To be safe please ensure your child:-

- Has passed their Cycling Proficiency Test, is a competent cyclist or rides with an adult.
- Wears a helmet to and from school.
- Has a helmet that meets recognised safety standards.
- Locks their cycle in our Cycle Store.
- Dismounts at the school gates and walk their bike to the Cycle Store.
- Walk their bike to the school gates before mounting and riding home.

For your child's safety Parents/Carers:-

- Should always ensure their child is riding a safe and roadworthy bike.
- Should ensure their child is aware of the rules of the road which apply to cyclists. We also recommend that children and parents read and take note of the sections of the Highway Code relating to cyclists.
- It is strongly recommended that children wear reflective safety items such as belt, arm or ankle bands.
- It is strongly recommended that Parent/Carers cycling to school should wear a cycle helmet.

Disability Discrimination Statement

It is unlawful to discriminate against disabled pupils. A person is considered disabled if they have a mental or physical impairment which has a substantial and long-term adverse effect on their ability to carry out normal day-to-day activities.

SAFE CYCLING TO AND FROM SCHOOL

